

How your donations make a real difference

£10 will enable our helpline to give a disabled person the information they need to travel independently across the city

£25 provides one to one medical advice to a family diagnosed with a spina bifida pregnancy

£50 pays for a home visit from a community adviser to support a family to get the equipment they need for their growing child

£100 enables a medical adviser to take part in a multi-disciplinary clinic for individuals with spina bifida and hydrocephalus for half a day

£500 provides intensive educational support for two children with hydrocephalus

£1,000 will fund developmental testing on six children to check the outcomes of an antenatal diagnosis of ventriculomegaly

£5,000 will pay for ASBAH's disabled adult group, Your Voice, to communicate, update and inform its members for a year

Dedicated helpline
(Mon-Fri 10am-4pm)

Support to families

Help for adults and young people

Information days

Education advice

Publications

Research

Information for professionals



ASBAH

42 Park Road
Peterborough PE1 2UQ
Helpline 0845 450 7755
email: helpline@asbah.org
www.asbah.org

Registered charity
number 249338



association for
spina bifida
hydrocephalus
ability beyond disability

First point of contact
for information and
advice on:

Hydrocephalus Spina Bifida

For individuals, families
and professionals

0845 450 7755
helpline@asbah.org

Also

Normal Pressure Hydrocephalus
Intracranial Hypertension
Anencephaly
Folic Acid



Community
Legal Service



ASBAH works to the
quality standards of
PQASSO and holds the
CLS Quality Mark

How ASBAH can help

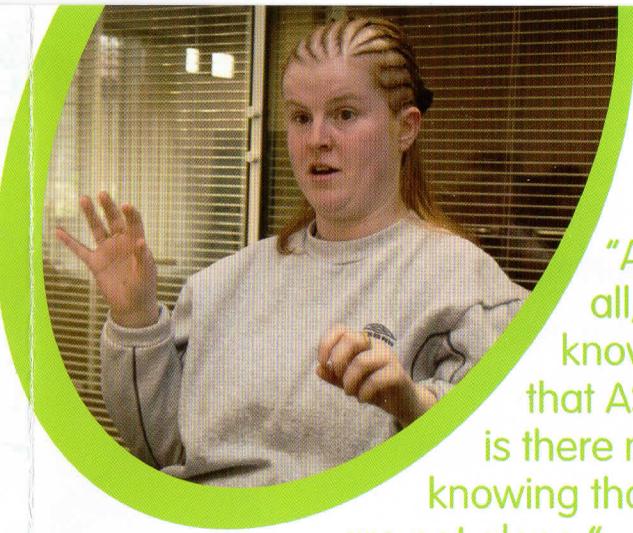
Contact us on any matter regarding hydrocephalus, spina bifida or related conditions.

ASBAH is the leading UK voluntary sector organisation providing information and advice about spina bifida and hydrocephalus in England, Wales and Northern Ireland.

We cover everything from the role of folic acid in prevention of neural tube defects (including spina bifida), to independent living for adults with, spina bifida or hydrocephalus and all the stages in between.

ASBAH offers services to support families through an affected pregnancy (whether or not the pregnancy continues), during childhood and right through adult life.

A network of advisers provide support on a range of issues from the time of diagnosis to ongoing daily living matters, such as care plans, healthcare, mobility, transition and employment. Our advisers work with families and individuals but also with colleagues from statutory and voluntary organisations.



"Above all, just knowing that ASBAH is there means knowing that we are not alone."

Our health and education advisers can provide more in-depth advice on medical aspects, continence management and education issues.

All our services can be accessed through our helpline. A wide range of publications and information leaflets are also available via our website at www.asbah.org

The professional area of the website is open to health professionals only, who can register to gain access at www.asbah.org/professional



"Without a doubt ASBAH have made a huge difference to what has been our toughest year as a family"

YES, I'd like to make a donation to ASBAH

Donation or Banker's Order

Title _____ Name _____
Address _____

Postcode _____

I would like to give ASBAH a gift of:

£ _____ single donation / monthly / annually*
starting on ___ / ___ / ___ * (delete as appropriate)

Signed _____

To the Manager _____

Bank or Building Society address _____

Bank Sort Code ___ - ___ - ___

Account no _____

Office use only: please pay to The Co-operative Bank PLC (08-90-40), 33 Westgate, Peterborough PE1 1PU for the credit of ASBAH (A/C no. 70784071) and quote _____ when making each payment

Gift Aid Declaration (please tick the box)

Please send to me a Gift Aid Declaration form. If you are a UK tax payer, please make every pound you give to ASBAH worth almost a third more at no extra cost to you

Please return this form and your gift to:

FREEPOST RLZC-HEYT-LAXE
ASBAH, 42 Park Road
Peterborough PE1 2UQ